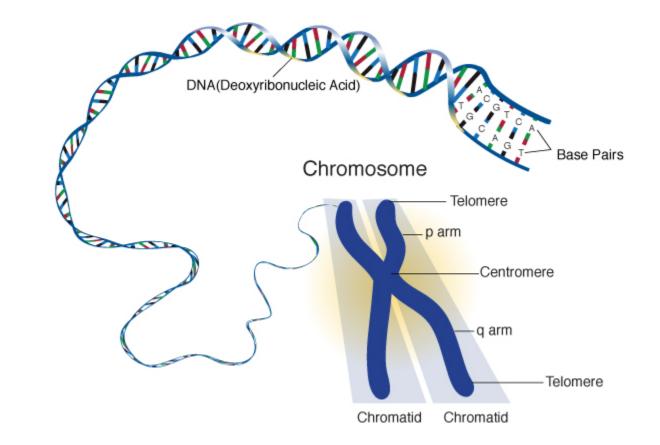
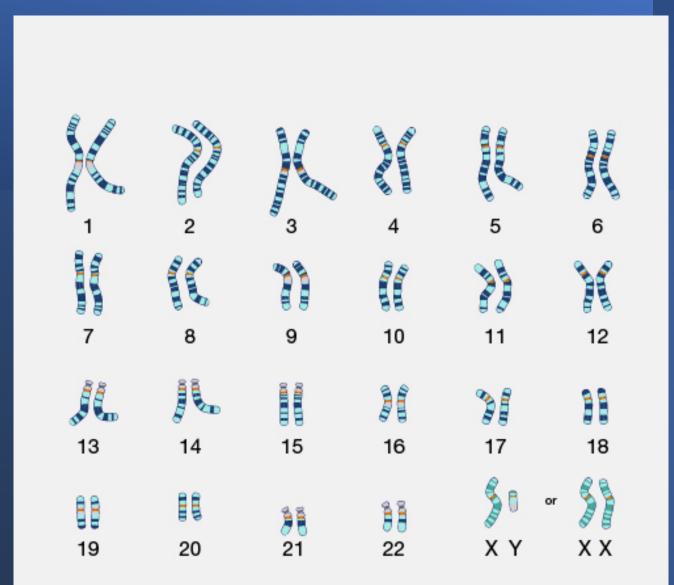
### Genetics of Alström Syndrome

Clair A. Francomano, MD Department of Medical and Molecular Genetics Indiana University School of Medicine The Stuff of Inheritance: DNA, Genes and Chromosomes



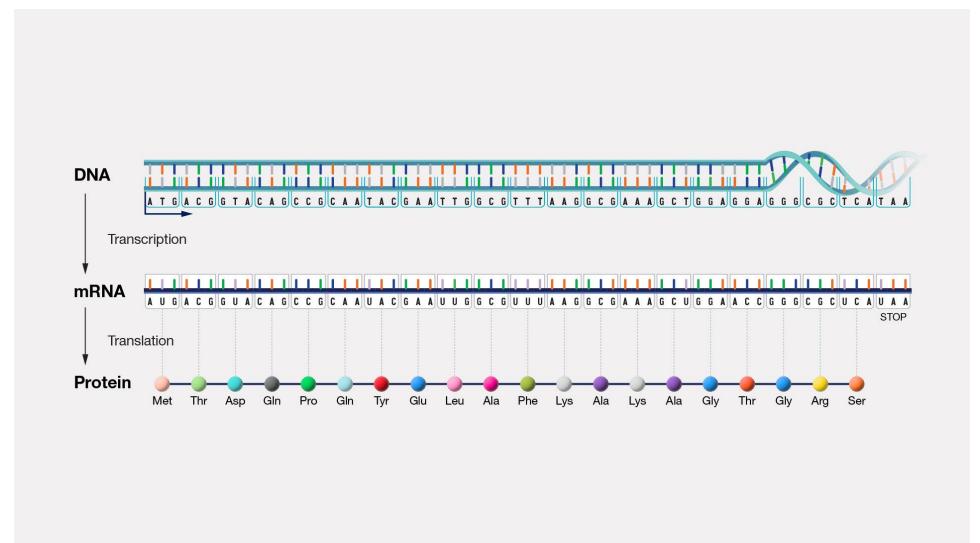
#### The Human Body Has ....

- 30 Trillion Cells
- Each cell has 46 chromosomes (23 pairs)
- Chromosomes 1-22 are the same in males and females
- Males have an X and Y chromosome (XY)
- Females have two X chromosomes (XX)



# Genes

- Are segments of DNA that encode a protein
- Have a designated "address" on the human chromosomes
- Are transcribed in messenger RNA
- Messenger RNA is then translated into protein

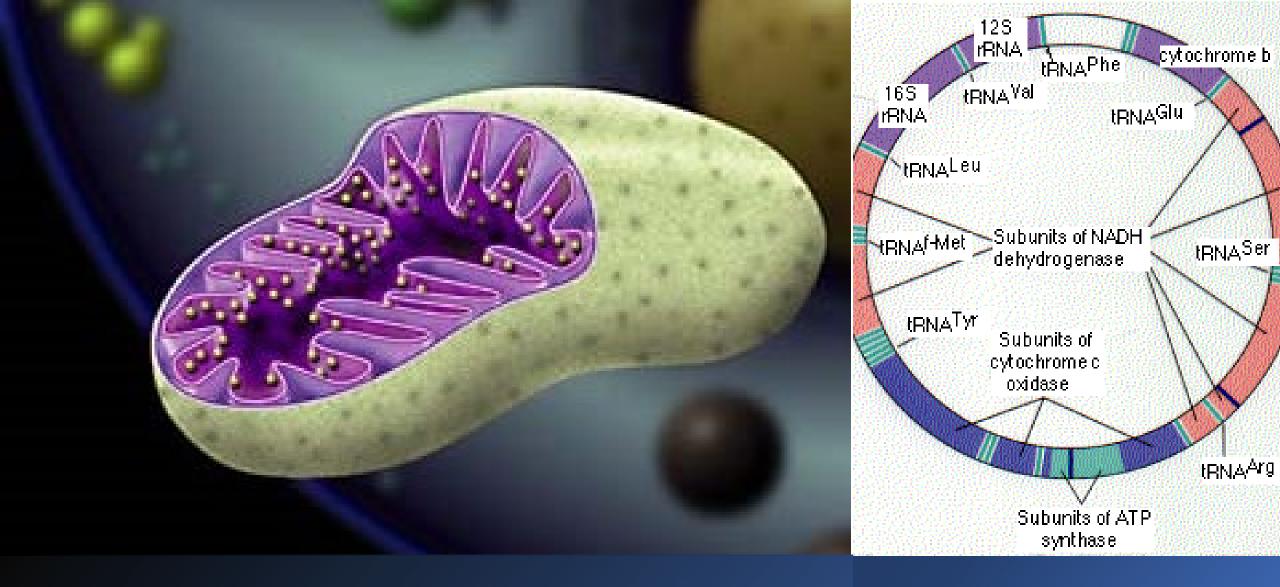


Mendelian Patterns in Human Inheritance

## Autosomal Dominant

Autosomal Recessive





#### Mitochondrial Genome

# Autosomal Dominant Inheritance

Vertical transmission – typically, the phenotype appears in every generation

Approximately equal numbers of males and females are affected

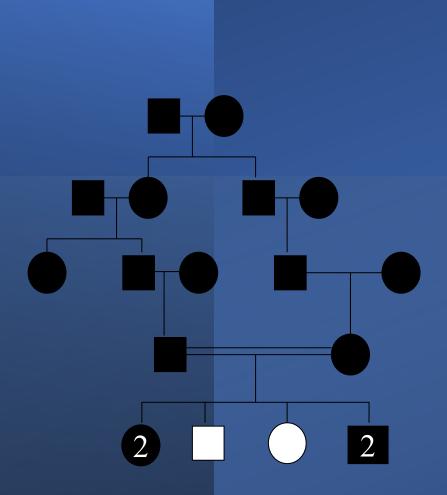
- ✤ Male to male transmission is present
- Affected parent has 50% chance of transmitting the trait to each offspring

Adapted from The Pedigree: A Basic Guide, by Jorgenson, Yoder and Shapiro

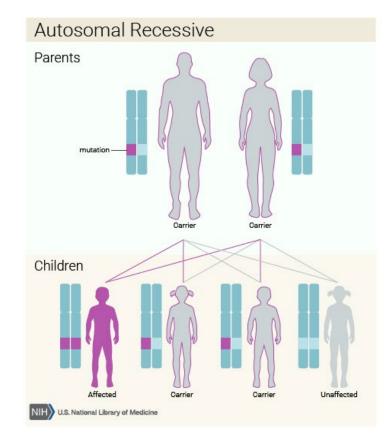
#### Autosomal Recessive Inheritance

Horizontal pattern in pedigrees
# of Males ~ # of Females
Consanguinity is increased among families with recessive disorders
Offspring of two heterozygous parents 25% risk of being affected 50% risk of being a carrier 25% risk of being a non-carrier

2/3 of unaffected offspring are carriers



Alström Syndrome is Inherited as an Autosomal Recessive Condition



Alström Syndrome is Caused by Variants in the ALMS1 Gene

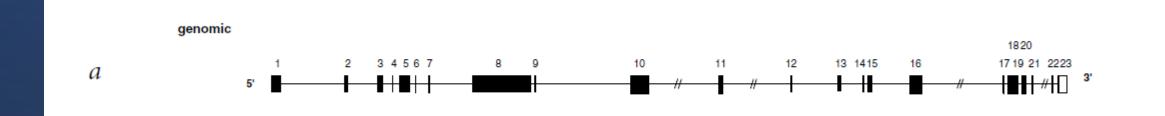
- ALMS1 is on the short arm of chromosome 2
- The product of the gene plays a role in many functions, including:
  - energy metabolism homeostasis
  - cell differentiation
  - ciliary signaling pathways
  - cell cycle control
  - intracellular trafficking (movement of molecules between cells

#### Mutations in ALMS1 cause obesity, type 2 diabetes and neurosensory degeneration in Alström syndrome

Gayle B. Collin<sup>1</sup>, Jan D. Marshall<sup>1</sup>, Akihiro Ikeda<sup>1</sup>, W. Venus So<sup>2</sup>, Isabelle Russell-Eggitt<sup>3</sup>, Pietro Maffei<sup>4</sup>, Sebastian Beck<sup>5</sup>, Cornelius F. Boerkoel<sup>6</sup>, Nicola Sicolo<sup>4</sup>, Mitchell Martin<sup>2</sup>, Patsy M. Nishina<sup>1</sup> & Jürgen K. Naggert<sup>1</sup>

Published online: 8 April 2002, DOI: 10.1038/ng867

# The ALMS1 Gene



# Molecular Findings in Alström Syndrome: 2007

- 250 individuals from 206 unrelated families
- "Hot spots" for variation were seen in exon 16, exon 10 and exon 8
- Most common pathogenic variant was a 1 bp deletion (12 %)
- Variants in exon 16 seemed to cause a more severe phenotype
- Variants in exon 8 were associated with absent, mild or delayed kidney involvement



Original research

Genotype–phenotype associations in Alström syndrome: a systematic review and meta-analysis

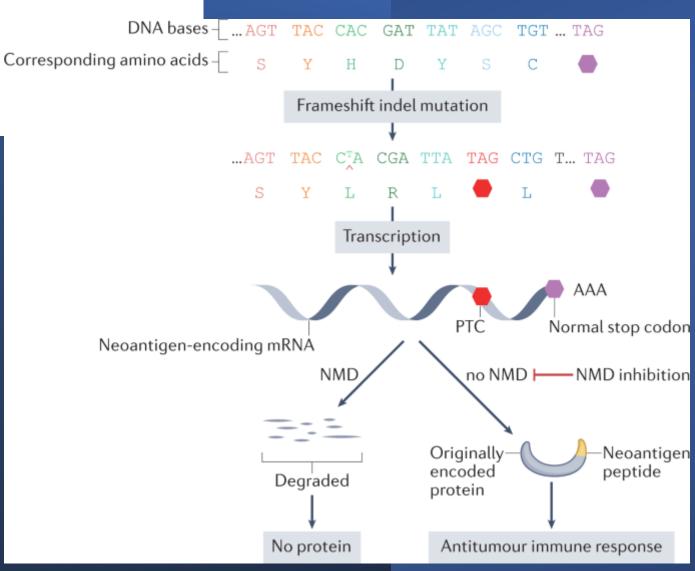
Brais Bea-Mascato (0), 1,2 Diana Valverde<sup>1,2</sup>

- Most of the variants associated with Alström Syndrome cause complete loss of function of the ALMS1 protein
- Most of the disease-causing variants are found in exons 8, 10 and 16 of the ALMS1 gene
- Pathogenic variants in exon 10 were associated with a higher prevalence of liver disease
- Variants causing truncation of the mRNA before exon 9 or after exon 14 were associated with lower severity scores

# Nonsense-mediated RNA decay: an emerging modulator of malignancy

Kun Tan, Dwayne G. Stupack 🗠 & Miles F. Wilkinson 🗠

Nature Reviews Cancer 22, 437–451 (2022) Cite this article



#### Genotype-Phenotype Correlations

- Most of the disease-causing variants are found in exons 8, 10 and 16 of the ALMS1 gene
- Pathogenic variants in exon 10 were associated with a higher prevalence of liver disease
- Variants causing truncation of the mRNA before exon 9 or after exon 14 were associated with lower severity scores

Differences among us: Why?? Differing biologic consequences of different pathogenic variants

Gene-gene interactions

Gene-environment interactions

